Dear (Teacher Name),

We are (your names) and are the parents of (student name). We wanted to take a minute and fill you in on some of (student name) special health needs. (student name) is allergic to nuts and specifically very allergic to peanuts. We have provided the school with an epi-pen and Benadryl should he ever accidently come in contact with nuts while at school. We wanted to familiarize you with how his reactions occur so that you can feel prepared just in case.

In the case of peanuts (student name) goes into anaphylactic shock. The reaction is instantaneous, as in seconds, although that is not always the case. Anaphylaxis results in low blood pressure. It is also associated with severe bronchoconstriction to the point where the individual is unable to breathe. Describe your child's reaction here.

In the case of all other nuts describe your child's reaction here.

We do not expect that peanuts and nuts be banned from the classroom but we do appreciate that when notes for treats are sent home that parents are informed that there is nut allergy in the classroom so that they can be aware. As parents we appreciate information like that while making choices for treats.

We have also provided a laminated Peanut Free Classroom sign that is available for you if you would like to hang it outside your door to make others aware that there is a child with a nut allergy in this classroom.

Hopefully this information will be helpful. We wanted to give you the best information we can so that we can work together to keep (student name) safe while at school.

We look forward to a great year! Please call us if you have any concerns or questions regarding (student name)!

Thank you!

Your Name

Phone Number

Email